

GWENFO NEWS



UPCOMING EVENTS

20th & 27th November
Pupil Progress Meetings
(4 - 6:30pm)
Booking Links are now live

22nd November
Non-Uniform
BALLAS only

Christmas Concert tickets are
now on sale.

Booking forms have been sent
home. Please return by
Wednesday 20th November.

Remaining tickets on Sale
Friday 29th November

SCHOOL DINNERS



When we return the dinner
options will be from 'WEEK 3'
on the Big Fresh menu

THIS WEEK IN GWENFO

'Clothe yourselves with compassion'
Colossians 3:12

Thank you everyone for your donations
for Children In Need. We have all enjoyed
wearing our own clothes to school and
enjoyed lots of yummy cakes. Huge thanks
to all of the school staff for providing
these.

We hope to bring you a total of the money
collected next week.

All last half term we collected the house
points collected across the school by the
children towards a group celebration.
Children earn house points by showing
kindness, living our values and following
our school rules.

Last half term BALLAS won.

This means next Friday (22nd November)
any child in BALLAS House (Blue PE T-
Shirt) is allowed to wear non-uniform for
the day. The rest of the school will wear
their usual uniform.

WELSH PHRASE OF THE WEEK YMADRODD YR WYTHNOS

This week our phrase is

Faint ydy dy oed di?
How old are you?

LINKS

Parents Evening

<https://gwenfo.schoolcloud.co.uk>

SCHOOL MEALS

Please could all families ensure that meals are ordered before 8am daily otherwise your child will only have the choice of the hot meal of the day.

If you have any queries please pop in and see Ceri our cook

ASDA

15 DAYS
LEFT!

CASHPOT
FOR
SCHOOLS

We have already raised
over £230 via the Asda cash
pot fund!

Please do join via your
Asda rewards app and link
you app to the school.

It doesn't cost you a
penny!

STAR BAKER

Thank you to staff who baked special cakes
for Pudsey today.

The star baker was crowned as Mrs Stone
who made Chocolate Cupcakes with help
from Olive & August!



ATTENDANCE

Week ending: 08.11.2024

Reception	88%
Year 1	94.5%
Year 2	96.9%
Year 3	98.7%
Year 4	91.4%
Year 5	95%
Year 6	94.1%

A big well done to Year 3 who had the highest school attendance last week with 98.7%

We are also looking for donations for our Christmas fair - we would love to hold a raffle of items and need your help - do you know anyone who would like to donate anything to our raffle?

Mr. Bean will also be running a 'Bottle Tombola' - so any donations for this would be greatly appreciated.

We have written to many local businesses but are yet to hear back so are also looking for someone who might be happy to hand deliver a letter to a local business or two. Please let us know if you can help.

All money raised from our Christmas Fair and raffle will go to our PTFA.



WORLD KINDNESS DAY NOVEMBER 13TH



As we enter the time of year where diaries fill up and life gets even busier...it is so important to take some time out and to be kind to yourself.

Self-kindness, or self-compassion, is the practice of treating yourself with understanding and care, especially when you're experiencing pain or failure. It can help you:

Feel connected to others

Recognize that your experiences are part of the human experience, and that you're not alone in your suffering

Be mindful

Hold your thoughts and feelings in balanced awareness, without over-identifying with them

Be tolerant of your shortcomings

Treat your worth as unconditional, even when you fall short of your own expectations

Cope with stress

Self-compassion can help you identify ways to alleviate stress

Here are some ways to practice self-kindness:

Compliment yourself

Practice gratitude

Speak to yourself with kindness

Prioritise self-care

Set realistic goals

Forgive yourself

Take a break to acknowledge your stress

Ask yourself what you would say to a friend in the same situation

Notice when you are being critical of yourself.

The poster is decorated with various gingerbread cookies: a large gingerbread man on the left, a gingerbread boot at the top left, a holly leaf with berries at the top right, a candy cane at the top right, a snowflake at the top right, a Christmas tree on the right, a gingerbread Santa Claus on the bottom left, a red mitten with a snowflake on the bottom right, a gingerbread stocking on the bottom right, a blue snowflake cookie at the bottom left, a candy cane at the bottom left, and several yellow and red stars scattered around.

SAVE THE DATE!

CHRISTMAS

FAIR 2024

11TH DECEMBER

3:30 - 5:30

If you would like to have a stall
please pop an email into the office.
£10 donation for PTFA.

We are looking for a member of our
school community who has a DBS
check to help us out in our grotto...can
you help?