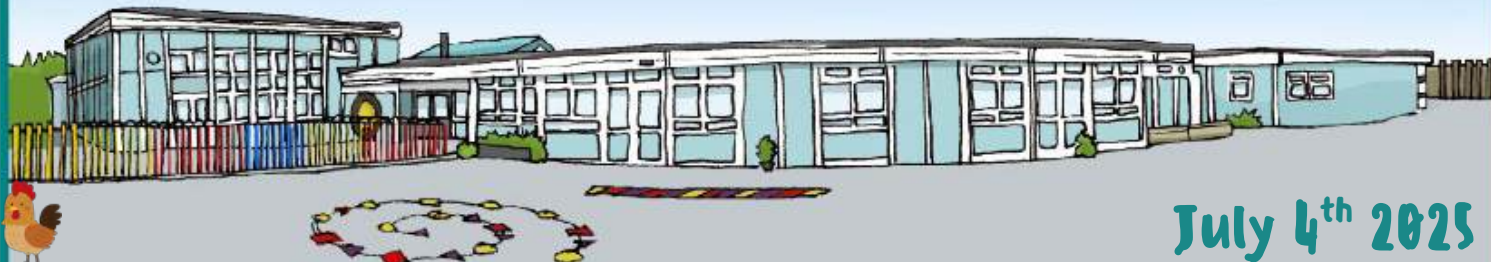


Gwenfo News



July 4th 2025

Arbor

Reports available on the Arbor app from 4pm

Please see emails for an accompanying letter and events calendar for 25-26

BREAKING NEWS

Please use our new email address when contacting the school
office@gwenfocwprimary.co.uk

Upcoming Events

July 7th

Year 6 Leavers Service - Llandaff Cathedral
(please wear uniform - no hoodies)

July 7th - July 18th

Year 4 Swimming

July 8th

Reception trip to Porthcawl
Upper School (Y4/5/6) Baseball

July 9th

Musical Afternoon

July 11th

Year 6 Leavers worship and fun day
WRINSTONE NON- UNIFORM DAY

JULY 15TH 3PM

Y5 share our learning session with families

July 16th

Gwenfo's Got Talent Show

July 21st

INSET DAY

(School closed to all pupils)

ATTENTION PLEASE!

We have noticed that children are being dropped off with no adult supervision before school. All parents need to remain with their children until the bell rings at 8.50am please.



This week in Gwenfo

What a wonderful week!

This week has flown by with class swaps and Nursery and Reception induction meetings. Welcoming new families and seeing children have fun in their new classrooms gives us a glimpse of the the year ahead!


Our summer fair was a huge success - thank you to everyone for your support! We are still totally money but have raised over £1900 so far!

Year 5 enjoyed a trip to Pizza Express as part of their farm to fork topic and Year 4 shared their learning about Caerau Hillfort with their families.

It was a warm week in school but well done to everyone for working so hard and having a fun week together.

Wrinstone non-uniform day 11th July (Y6 Wrinstone pupils please wear uniform and change after your worship)

ATTENDANCE % THIS WEEK

NURSERY AM	94.55% 
NURSERY PM	93.33%
RECEPTION	93.67%
YEAR 1	93.67%
YEAR 2	92%
YEAR 3	94%
YEAR 4	89.29%
YEAR 5	94.44%
YEAR 6	93.79%

Year 6 Fundraising



Thank you to families and pupils for your support of the Y6 fundraising.

Money raised will go towards the Y6 leavers party.



Musical Afternoon

We will be holding our annual Musical Afternoon on Wednesday July the 9th at 2.30pm. The choir will be performing along with children who learn instruments inside and outside of school.

If your child is involved please come along and support them.

Thank you



Huge thanks to Moving You for a kind donation towards tables and chairs for our new cabin!

moving-you.co.uk

Thank You

Huge thanks to the team of families who have supported the summer fair from organising raffle prizes to building hampers, chopping fruit and setting up payment systems members of our PTFA have worked so hard to make the fair such a success - thank you!

This year we have been blessed to have many sponsors from within our community - thank you! We raised over £800 of sponsorship which allowed us to make clear profit on the raffle, bouncy castles and Pimms stall.

Every penny of this money will be spent on your children.

if you would like to join the parents, teachers, friends association please watch out for a meeting in September where we will be planning Autumn events.



BD ROOFING

For all your roofing needs

- New roofs
- Flat roofs
- Facias, Gutters & Soffits
- Repointing
- Roofing repairs



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07879897712





Transition Wellbeing

All families should have had an all about me worksheet via email as well as a hard copy. Please help us by returning the sheets or electronic versions to class teachers as soon as possible. Staff are busy supporting transition and these sheets will be really helpful. Thank you!

Here is an example of how to complete the sheet -

Chat your child/ren about what is important to them!

All about Me at Gwenvô

MY NAME IS: **James**

I AM **6** YEARS OLD

Things that are important to me:
To have a timetable so I know what is next.
To have space to learn
To have some quiet time

Things I am good at doing in school or home
Being a good friend
Building lego models
Reading
Running very fast

Things that make me a bit worried or sad:
If I forget my book bag
If I don't understand something

THIS IS WHAT A GOOD SCHOOL DAY LOOKS LIKE FOR ME:
Being on time for school
PE day
Singing, playing and some drawing

This is how to help me in school:
I like to learn by having a go by myself first.
I like to work with other people

These are questions I have for my new teacher:
WHEN IS OUR FOOTBALL DAY?
WHAT DAY DO WE HAVE SPELLINGS?
WHERE IS MY PEG?

Please return!



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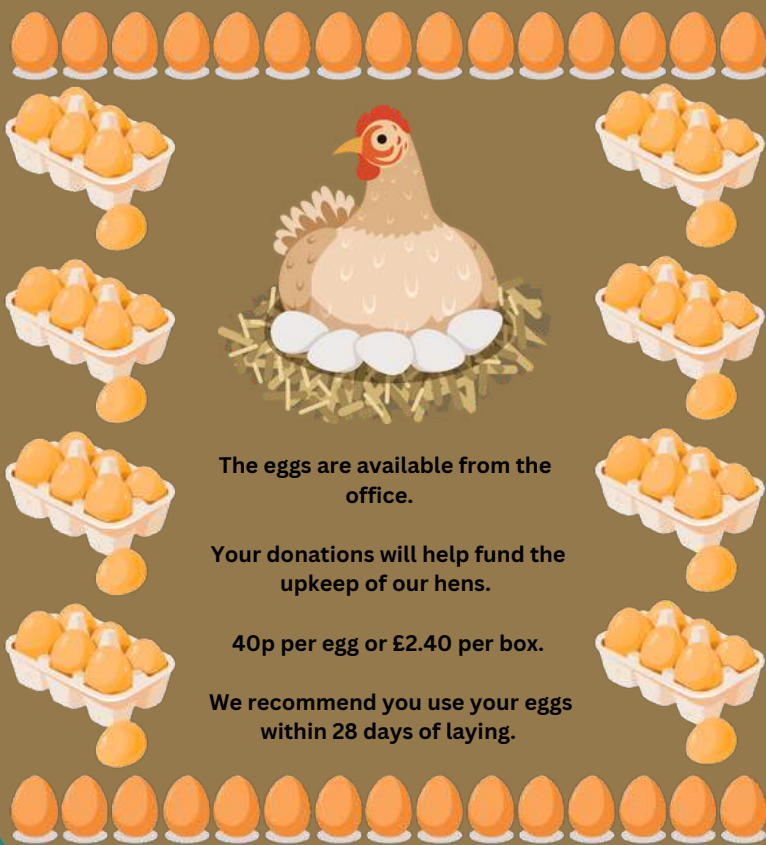
Jump Back Up July 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Take a small step to help overcome a problem or worry	2 Adopt a growth mindset. Change "I can't" into "I can't...yet"	3 Be willing to ask for help when you need it	4 Find something to look forward to today	5 Get the basics right: eat well, exercise and go to bed on time	6 Pause, breathe and feel your feet firmly on the ground	
7 Shift your mood by doing something you really enjoy	8 Avoid saying "must" or "should" to yourself today	9 Put a problem in perspective by seeing the bigger picture	10 Reach out to someone you trust and share your feelings with them	11 Look for something positive in a difficult situation	12 Write your worries down and save them for a specific 'worry time'	13 Challenge negative thoughts. Find an alternative interpretation
14 Get outside and move to help clear your head	15 Set yourself an achievable goal and take the first step	16 Find fun ways to distract yourself from unhelpful thoughts	17 Use one of your strengths to overcome a challenge today	18 Let go of the small stuff and focus on the things that matter	19 If you can't change it, change the way you think about it	20 When things go wrong, pause and be kind to yourself
21 Identify what helped you get through a tough time in your life	22 Find 3 things you feel hopeful about and write them down	23 Remember that all feelings and situations pass in time	24 Choose to see something good about what has gone wrong	25 Notice when you are feeling judgmental and be kind instead	26 Catch yourself over-reacting and take a deep breath	27 Write down 3 things you're grateful for (even if today was hard)
28 Think about what you can learn from a recent problem	29 Be a realistic optimist. Focus on what could go right	30 Reach out to a friend, family member or colleague for support	31 Remember we all struggle at times - it's part of being human			

ACTION FOR HAPPINESS Happier · Kinder · Together

FOR SALE

Gwenfo Eggs Our Hens are Laying!



The eggs are available from the office.

Your donations will help fund the upkeep of our hens.

40p per egg or £2.40 per box.

We recommend you use your eggs within 28 days of laying.

We have been made aware of the opportunity for children to learn Mandarin online. If anyone is interested please see this link for further details.

[Learn Mandarin](#)

WENVOE REPAIR CAFE

BRINGING BROKEN ITEMS BACK TO LIFE - FOR FREE!

Electrical, Mechanical, Clocks, Textiles, and so much more...

JOIN US AT THE COMMUNITY CENTRE EVERY 4th SATURDAY OF THE MONTH > 10am-1pm

School Uniform Shop

All items £1



Please pop into the office if there are any items you are looking for and we can check our stock of pre-loved uniform.

All proceeds to PTFA

School Meals

As you may be aware the school menu has changed. Welsh Government has made these changes and they apply to all schools in Wales. The 4 week menu has been added to our school website and printed copies are available in the office.

There have been some big changes - please take time to read through with your children as our best advice is to pre-order each week.

This ensures both you and your children know what food options are offered each day and gives you the opportunity to book choices together at home.

IF A MEAL IS NOT PRE-ORDERED THEN THE HOT MEAL OF THE DAY WILL BE SERVED



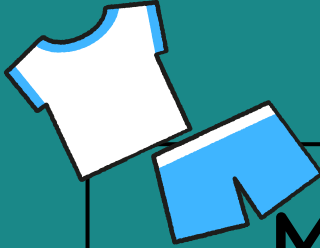
**SCHOOL
DINNERS**

The dinner options next week will be from 'Week 2' on the new Big Fresh Menu.

Games and PE days

This half term there have been some changes to PE days.
Please see the table below for updated days.

Each class has two days where they wear kit apart from
Nursery who only have one.



MONDAY	NURSERY, Y6
TUESDAY	Y4, Y3, Y2, Y1
WEDNESDAY	Y6, Y1, RECEPTION
THURSDAY	Y5, Y4, Y3, RECEPTION
FRIDAY	Y2, Y5

