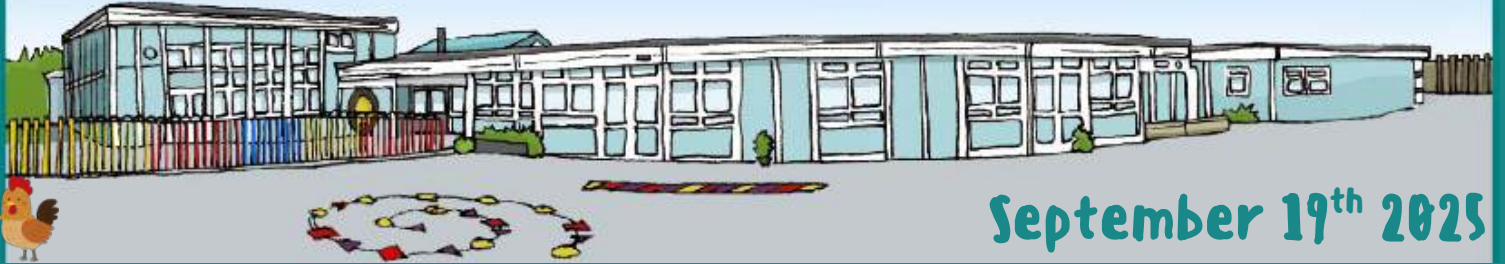


# Gwenfo News



September 19<sup>th</sup> 2025

## Upcoming Events

**Sept 22nd**

**Year 2 Engage Day**

Come dressed up as scientists, monarchs, inventors or explorers

**Year 1 Engage Day**

Come dressed up as a superhero

**Sept 24th**

Year 3 trip to Pizza Express

**Sept 26th**

McMillan Coffee Morning

Year 3 & Year 6 WNO Trip

**Sept 28th**

Harvest at St. Mary's

**Oct 2nd**

Open evening for Year 5 and 6 pupils  
3.30 - 6.30pm - St. Richard Gwyn  
4 - 7pm - Whitmore

**Oct 7th**

Open evening for Year 5 and 6 pupils  
3 - 6pm - Stanwell

**Oct 9th**

Open evening for Year 5 and 6 pupils  
6 - 8pm - St Cyres

**Oct 10th**

World Mental Health Day

**Oct 16th**

Year 4 - Urdd Jambori

**Details TBC**

Open evening for Year 6 pupils  
5.30 - 7.30pm - Bishop of Llandaff

**Oct 24th**

Year 3 Class Worship (9am)

**Oct 27<sup>th</sup> - 31st**  
**Half Term**

## **BREAKING NEWS**

Please use our new email address when  
contacting the school  
[office@gwenfocwprimary.co.uk](mailto:office@gwenfocwprimary.co.uk)

## This week in Gwenfo

**'ALWAYS BE THANKFUL'**  
**1 THESSALONIANS 5:16**

Thank you and goodbye to Ceri our cook. Ceri is off on new cooking adventures and we wish her all the very best in her new role. She will be missed by us all!

This week Vicar Lyndon joined us for worship and we thought about how we can shine our lights by helping others, both at home and in school. It was lovely to welcome him back after the summer break.



Please send all children to school with coats - we have had a number of children who have not worn coats this week and we will always try and get outside to play if we can - even in light showers!






Please remember to park courteously when you drop and collect children within the village. If you are parking near homes, please ensure you have not parked across driveways or pavements.

# Seesaw

All families should now have access to seesaw - please be reminded these are snapshots of school life. Not all children will be in every picture and not all days or activities will be recorded. Reading records (where applicable) will contain passwords your child needs to access any programmes they use in school.

## Attendance

NURSERY AM	86.15%
NURSERY PM	93.88%
RECEPTION	90.83%
YEAR 1	96.9%
YEAR 2	96.99% 
YEAR 3	93.79%
YEAR 4	89.33%
YEAR 5	93.33%
YEAR 6	86.8%



We are thrilled to announce that

**Lukas** and **Lanre**

have been voted to become

**Head Boy** and **Head Girl**  
at Gwenfo this year

## HOUSE CAPTAINS

### **Ballas**

**Castor**

**Lily**

### **Whitehall**

**Ariana**

**Radley**

### **Greave**

**Niamh**

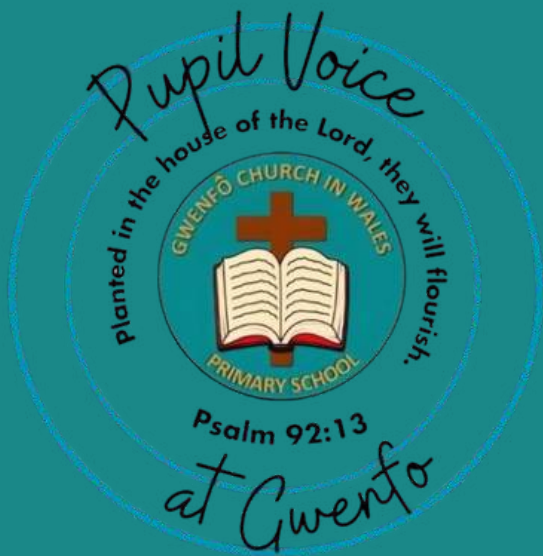
**Noah**

### **Wrinstone**

**Ava L**

**Dylan**

Further election results next week!



All pupils from Year 2 upwards are invited to join pupil voice groups if they would like to.

Children are guaranteed to be placed in one of their top 3 choices of groups. During the year they meet as a group to decide on things they can do to look after each other, our school and how to contribute to our community.

Each group has some grownups allocated to ensure things run smoothly, but the children have the ideas and decide what direction to take their group in.

We hope during the year as our new groups become established that we will be able to hold events we can invite our families to.

#### Digital Leaders

Digital leaders make sure all the technology around the school is working.

They help other children log in, make sure devices are kept charged or teach other children how to use devices properly.

They also make sure children know how to keep safe and what to do if they are worried about anything online



#### Wellbeing

This group look after the wellbeing of our school. They think about how we can make our school a calm and happy environment for everyone.

#### RIGHTS

##### Rights Respecting Ambassadors



Rights Respecting Ambassadors make sure that all children know their rights.

They help organise special days where we learn about what is important to us, the importance of using our voices and knowing our rights.



## School Council

**School Council children represent each class and make sure that all children across the school have a voice.**

**They might be asked to help the other pupil voice groups, visit other classes to hear their ideas and also help the teachers.**

### Criw Cymraeg



Criw Cymraeg children make sure that all children learn lots of Welsh!

They help the teachers and visit other classes to support our daily Helpwr Heddiw sessions.

### Values Ambassadors



We make sure that all children know how to celebrate our faiths and make each other welcome in our school.

We think about how we can celebrate together, keep a record of hymns we sing, talk to Vicar Lyndon about Church visits and how we can welcome new friends into our school.

### Health, Safety and Community



Health, Safety and community officers make sure that all children know how to keep each other safe.

They help us talk to our families about being safe in the village and sometimes might need to talk to Mr.Davies about jobs we need him to help us with around school.

### Eco Committee



Eco Committee members make sure that all children know how to look after our school, community and our world.

They help litter pick, empty recycling bins or raise awareness about how we can look after our world.



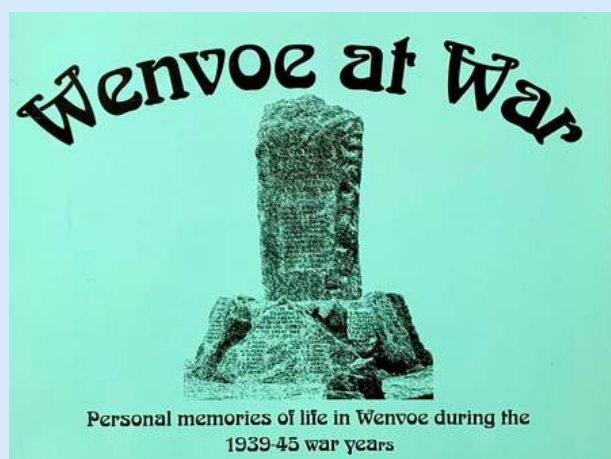
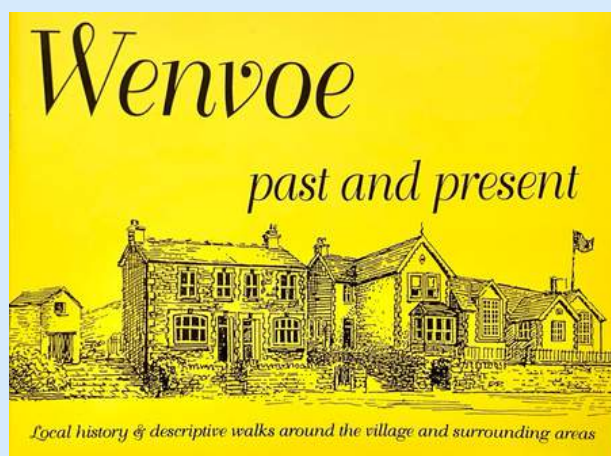
Friday 26<sup>th</sup> September  
Craggs' Cabin  
8.50-10.15am

All welcome

Suggested £1 donation  
per drink/food item



**We are looking for some  
volunteers to help us  
with the coffee  
morning. Please pop  
into the office if you are  
able to help bake,  
donate some biscuits or  
even make cups of tea  
and coffee.  
Thank you!**



This week Steve Jones from the Wenvoe Historical Group popped into school to discuss an exciting new project hoping to bring local history to life.

If anyone is interested in joining the group please see the Wenvoe What's On or pop into school and we can share the details for the group. If anyone is interested in purchasing these books we can put you in touch with Steve.







## Harvest at St.Mary's

We would love to welcome everyone to the Harvest Service at St.Mary's on Sunday 28<sup>th</sup> September at 9.30am

During the service pupils will be invited to sing Harvest Samba a fun song celebrating the Harvest.

Donations for the foodbank are welcomed during the service.

All are welcome - please do come and join us!



## Autumn Wellbeing

As Autumn brings shorter days and cooler temperatures, many of us may notice changes in our energy levels and mood. The transition between seasons can impact mental wellbeing, so it is important to be mindful of how we are feeling and take steps to support our emotional health during this time.

Here are some simple, yet effective, tips to help maintain mental wellbeing as the days get shorter.

### 1. Stay Active

Physical activity has been shown to have a positive effect on mental health. Even a short walk outdoors can help improve mood and reduce feelings of stress. If possible, try to get outside during daylight hours to take advantage of natural light.

### 2. Practice Mindfulness

Mindfulness encourages us to focus on the present moment, which can help reduce feelings of anxiety or stress. Taking just a few minutes each day to pause, breathe and observe your thoughts without judgement can be a powerful way to manage your mental wellbeing.

### 3. Manage Stress Levels

Autumn can be a busy time of year, with work commitments and the lead-up to the festive season. Take time to prioritise activities that help you relax, such as reading, listening to music or practising yoga. Setting boundaries and ensuring you have time for yourself is key to managing stress effectively.

### 4. Maintain Social Connections

Spending time with friends, family or colleagues is important for emotional wellbeing. With daylight decreasing, it can be easy to isolate ourselves, but staying connected with others can provide valuable emotional support.

### 5. Prioritise Sleep

Getting enough rest is vital for maintaining good mental health. Try to keep a regular sleep routine and ensure your sleeping environment is comfortable and conducive to rest. Avoid screens before bed and engage in relaxing activities such as reading or gentle stretching to help wind down.

Please note we will always try to respond to phone calls or emails as quickly as possible but at busy times we may take up to 5 days.



### Medication

All medication needs to be given to Mrs Hazelton in the office and a form completed please.



Monday 22<sup>nd</sup> Sept  
Engage day for Year 2.

Please come to school dressed up as a scientist, monarch, explorer or inventor.



We are a NUT and KIWI FREE School.

Please ensure any food bought into does not contain nuts or Kiwi due to severe allergies!



# HELP!

Nursery are looking for donations of:

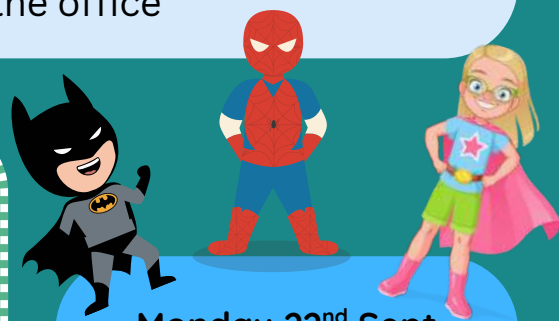
Wet wipes

Socks

Navy Leggings

Soil for creating an allotment

Please pop any donations into the office



Monday 22<sup>nd</sup> Sept  
Engage day for Year 1.

Please come to school dressed as a Super Hero.



ATTENTION  
PLEASE!



### Gwenfo Church in Wales Primary School Absence Form

Please complete this form to notify the school of any planned absence.  
Please note that holidays in term time are **not** authorised as per the Vale of Glamorgan Attendance Policy.

When you submit this form, it will not automatically collect your details like name and email address unless you provide it yourself.

\* Required

1. Name of child 1 and year group \*

Enter your answer

2. Name of child 2 and year group (leave blank if not applicable)

Enter your answer

3. Name of child 3 and year group (leave blank if not applicable)

### Gwenfo Church in Wales Primary School Absence Form



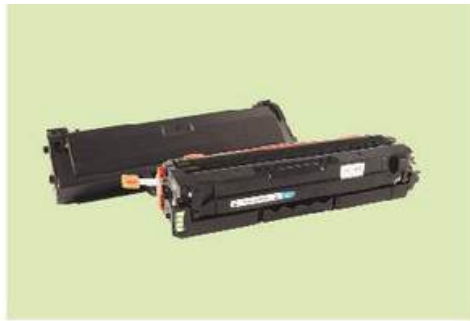
For planned absences from school please either click the link [here](#), scan the QR code with a smartphone or click the embedded link.

## Office Hours

**The school office is open from 8.30am-4pm daily.**

Please check weekly newsletters/emails for information before contacting the school - we endeavour to send out all information in a timely manner.

All families should have a copy of our year planner.



# RECYCLE AND RAISE MONEY!

Dear Parents and Guardians!

We have partnered with a company called Denner UK, to start a NO COST recycling initiative to collect empty inkjet and toner cartridges, and we are asking you all to get involved by spreading the word to family and friends.

Simply have a root around at home, or work, for any unwanted printer cartridges (empty or full!) and then bring them into school. We have a recycling box in Reception for you to pop them in, and each time that gets full we organise a FREE collection from Denner UK.

They then process them at their London facility and for every cartridge collected, they pay the school up to £1 per cartridge, providing a fantastic opportunity for us to raise funds for the school's projects and initiatives.

To put this into context, the majority of households will be using inkjet printers, and each box can hold in excess of 400 of these - meaning that for every full box that is returned it could raise as much as £400 for the school! Not only does this help generate financial support, but it also encourages environmentally friendly practices both at school and at home.

Please just reach out if you have any questions and we look forward to receiving all your unwanted printer cartridges!

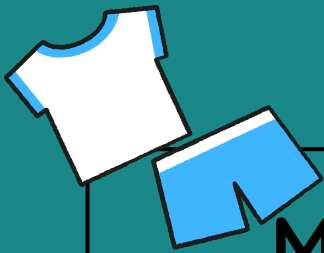
Thanks in advance for your support on this easy and environmentally friendly initiative to help us raise much needed funds for the school!

## Games and PE days

There is are no PE or Games lessons in the first week of school.

On PE/Games days pupils can wear their PE Kit to school

Each class has two days where they wear kit apart from Nursery who only have one.



<b>MONDAY</b>	NURSERY, Y3 AND Y4
<b>TUESDAY</b>	Y1 AND Y6
<b>WEDNESDAY</b>	RECEPTION, Y2 AND Y5
<b>THURSDAY</b>	Y1, Y2, Y3, Y5 AND Y6
<b>FRIDAY</b>	RECEPTION AND Y4

